

CHERRY MORNING SMOOTHIE

Drinks & Teas

Try this smoothie and you might just be mistaken for a morning person.

INGREDIENTS

2 Cups pineapple coconut water
1 Medium banana
1 Cup spinach
2 Tbsp ground flaxseed
1 Tbsp Wisconsin Ginseng Powder
1 Tbsp sweetened shredded coconut
1 Tbsp pure Vanilla extract
1/2 Cup plain Greek yogurt
1 Cup frozen blueberries
1 Cup frozen cherries

DIRECTIONS

There's only two steps:
Blend all ingredients together
Enjoy!